



Welcome to our
Autumn newsletter

Welcome to our Autumn 2019 Newsletter. We are enjoying some lovely September weather, and a great end to the British cricket season.

In this edition, we bring you 12 more SoeMac Users' Stories, in their words, sharing the wonderful health benefits they are witnessing. We also have an in-depth article from Nicholas, who is using Oxygen Energy Therapy alongside other therapeutic treatments, including supplements, and light therapy.

Our Clinical Study is underway in the East Midlands area, analysing and recording how 100 SoeMac users progress over the next 6 months. Working alongside the University of Derby, CHEATA (an NHS organisation) and the community respiratory groups, we are excited to be part of this project, and look forward to the formal results once they are published in 2020.

Neil Stentiford



Respiratory Services in the Community – Best Practice

The Nottingham West area is acknowledged as being at the forefront of respiratory care in the community. There is an organisation called PICS (Primary Integrated Community Service) who work closely with the local GP's, most prominent being Dr Kelvin Lim.

They have a team of dedicated community respiratory nurses who spend time with sufferers at their homes, at the GPs, and at various community events; Breathe Easy Groups, singing groups, coffee mornings etc. One key objective is to allow sufferers to better manage their conditions at home, and reduce COPD related hospital admissions.

This service has resulted in;

- Reduced emergency admissions to hospital in an ambulance, or at A&E
- Reduced need for GPs to leave their practice and visit patients at home. This increases patient access to GPs at the practices.
- Patient centred rather than condition centred care provided.
- Quicker referral to hospital when it is needed.

"Just having the nurses' phone numbers that you can ring is brilliant."

Introducing Sam Grimwood

Sam has commenced a three-year PhD at the University of Derby, part funded by SoeMac. He will be working for Dr Mark Faghy, in the Respiratory and Exercise Science unit, and will be focussed on progressing research on the SoeMac, and formalising our understanding of the many health benefits that we witness from users on a daily basis.

Good luck Sam, and we look forward to working with you.



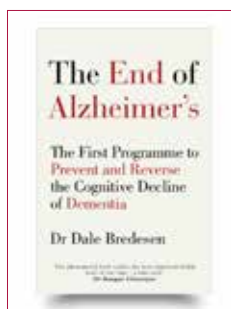
Using Oxygen Energy Therapy alongside other treatments



Our story. My wife Jane was diagnosed with mixed dementia last May; I refused to believe the NHS line of "it's terminal and irreversible, take Aricept but there is nothing we can do". We have always had an interest in taking

responsibility for our own health and adopting alternative treatments, for example by following a low carbohydrate, high fat diet (www.dietdoctor.com) Jane managed to stabilise and reduce her T2 diabetes problems. She used Oxygen Energy Therapy (SOE) to treat macular degeneration successfully and to obtain more physical energy. Jane uses her SoeMac device every night.

Jane is on a multi-method treatment regime including partial compliance with the Dr Dale Bredesen ReCode protocol, described in his book, *The End of Alzheimer's*; in a recent scientific paper he documented over 100 clients whose dementia symptoms have been improved or reversed. Exciting!



After extensive study I have bought a near infra red treatment device, Vielight, which has produced excellent results reversing her symptoms however this is still more progress to be made. The manufacturer has started a 200+ user double blind FDA approved trial in the USA and Canada, there is a summary of the technology on their website www.vielight.com. One of the leading researchers in near infra-red treatment, photobiomodulation (PBM), is a Michael Hamblin (from Northumberland but based now at Harvard USA), who has been working for over 20 years and is probably the most published scientist on the subject. His recent paper argues that the time has come for PBM to be taken seriously as a dementia treatment and there are similarities of action between PBM and SOE – Nitric Oxide is mentioned in the paper as being regulated positively by PBM, similar to the SoeMac studies into Nitric Oxide.

All these technologies operate at the cellular level and I became interested in a liquid supplement after someone mentioned the improvements that had happened to their husband's dementia after drinking it. Learning more about the product and company, it took 15 years to develop, and it works by replenishing the chemicals used in mitochondrial energy production used in the reduction-oxidation (redox) signalling process. These chemicals are produced naturally all the time in the normal functioning of the cell, however as we age, for every 10 years after puberty, we lose 10% of the capacity to produce these redox chemicals. Their primary function is cellular communication – between neighbouring cells and between cells and the immune system to enable the body to regulate itself by creating or maintaining a healthy cellular environment. The impact of drinking the supplement is that the body's natural, built-in healing systems are re-vitalised and the organ that the cells are in have normal functioning slowly restored again including improving blood sugar levels or improving auto-immune conditions.

To me, the combination of using PBM to stimulate neural functioning, the synergy of SOE from SoeMac and a supplement to stimulate whole-body normal cellular function is a no-brainer. This week our GP phoned, he hasn't seen her for three months and he said "I can't believe how well she is". I explained it was a combination of the Vielight anti-dementia headset I bought for her, her overall treatment regime, supplements and prayer. He said "as a confirmed atheist I congratulate you because it is a miracle how well she is!". Disclaimer: I am not medically qualified, just dogged in my determination to improve my wife's health.

I'd be happy to chat about our experiences so far or tell you more about Jane's treatment regime and subtle but cumulative improvements we've seen.

Nicholas Fuller
Mobile: 07904 277004

Nicholas.Fuller@ASEAHealthandVitality.co.uk

Your stories

Dorothy – Breathing

Dorothy since being diagnosed has had breathing problems for around 20 years and in that time we have purchased different aids to help her with her condition. After reading about and purchasing a SoeMac in 2017 her ability to do things which normally would have left her struggling for breath improved so much, after several weeks of using the SoeMac

To my amazement she is now able to navigate the stairs at home and in retail stores without getting out of breath, and though this is done in slow time there are no long waits for her to get her breath back before proceeding. There have been several occasions when she has missed her medication without realising it because of the great improvement to her breathing brought about by her using her SoeMac unit at night as described.

The SoeMac cannot cure her breathing problems but it has managed and helped her immensely with her breathing and quality of life, her oxygen levels have also remained high.

Dorothy would not be without her SoeMac and has been delighted with it in helping her to manage her condition. I would recommend the SoeMac to anyone suffering breathing difficulties to give it a try.

Michael – Breathing

I have breathing problems. I had been using three inhalers up to four times a day and still had difficulty breathing. I thought I'd try SoeMac. I noticed an improvement after only a few days use. At my six months check my lung capacity had increased and the air force was higher. After using for four weeks I stopped using the machine, and what a difference. Within three days I was using the inhaler many times, but breathing was very difficult. For the first time I had to use inhalers during the night. SoeMac was turned back on!!!

This certainly was not a scientific test, but it proved to me that SoeMac was helping me. I can't say it will work for others, but it will stay on now for a long time.

Joy – Breathing

You know, the word 'awesome' is overused in pop culture but this truly is ! I have always been a night owl because I feared going to sleep... this is slowly beginning to change! Honestly Neil, I am stunned by what is happening. My husband Charlie is also really benefiting, he is just sleeping and healing.... so glad for him ! He has brought his step machine into the bedroom so he can both have the heat on in a smaller space and good air to breathe. He really appreciates the quality of the air.

I so want to tell others... I work with elderly people and at least a couple have breathing problems and one is very ill with the outcomes of myasthenia gravis, which affects his breathing terribly (life threateningly). BUT time and again I meet the response of fear and mistrust to do anything other than what the doctor and pharmacists say (I've tried sharing all kinds of naturopathic good things). Honestly.. .this is breath-taking.. .hmmm.... rather breath-giving... this is very strange but good! Enthused – as you can tell !

Robert – Sleep

Thank you so much. I'm really grateful for your help. The SoeMac machine really is a huge help and has transformed my sleep among other things and been a worthwhile investment for sure.

Once again many thanks

Graham – Sleep/Energy

When I first bought my SoeMac device I was so pleased with it. I noticed a difference almost straight away. The benefits increased week by week to a point where I really felt good. I had a lot of energy and was able to go out on my bike on a regular basis. Just to let you know that my new SoeMac arrived yesterday, and I had the best sleep in ages last night. Once again thanks for a super speedy turn round.

Rosemary – Chest Infections

I bought this for my daughter who has the most awful chest infections. We keep the SoeMac running all day, and it has made a huge difference to her x

Cyd – Sleep

I'm really pleased with my SoeMac, we run it every night, and it's made a real difference to the quality of our sleep. My husband was always a restless sleeper, but after 4-6 weeks, he found he was sleeping for longer, uninterrupted. We both certainly wake up more refreshed than we did before we had the SoeMac.

Syed – Breathing

I have been a breathing sufferer for more than five years. I used to get chest infections every 1-2 months. I purchased the SoeMac in February 2017, and now I only get 1 chest infection each year. I will say it is a miraculous cure.

I recommended SoeMac to a friend with breathing problems, and after using the SoeMac, his condition is much better. Climbing upstairs, he no longer has any shortness of breath.

Myron – Breathing

Since I started using the SoeMac I find that it has helped my breathing at night and contributed to me getting a better night's sleep. I no longer feel as sluggish in the morning, and seem to have more energy than before. Also, my wife doesn't complain about my snoring as much as she used to, and that in itself is a priceless benefit ! I definitely recommend it. Climbing upstairs, he no longer has any shortness of breath.

Yvonne – Breathing

We bought the SoeMac for my dad in October 2018. He suffers from breathing problems. This has made a difference for my dad, and aided him a lot with his breathing. He uses the SoeMac every night. Thank you and best wishes.

Maria – Breathing

I have suffered from breathing problems since I was 14 years old – I am now 77. I have been using the SoeMac over two years now, and it has been a 'lifesaver'. The most remarkable effect the SoeMac has had, has been the reduction of mucus, which I used to suffer from greatly during the night. I used to use a very strong inhaler, but now only use a basic inhaler when I feel I need it. I thank you Neil, very much for the SoeMac. In loving gratitude.

Roger – Breathing

My wife has been suffering with breathing problems for 20+ years. The first evening we plugged in the SoeMac, she slept better, and didn't thrash about so much during the night. She no longer snores and sleeps well, and her breathing seems much deeper. It's a wonderful machine.



www.soemac.com/watch-videos

For more testimonials about SoeMac, please visit our website at www.soemac.com
If you'd like to share your SoeMac story with us, email to: info@soemac.com



SOE Health Ltd.
42D Derby Road
Nottingham
NG9 2TG
Tel 0115 77 22 456