



Welcome to our
Autumn newsletter

Welcome to the latest edition of the SoeMac newsletter. I'm pleased to tell you that more and more people are buying SoeMac and benefitting from improvements to their health.

We are working closely with a local University, and the respiratory network in the East Midlands – community nurses and a local hospital, with the intention of undertaking formal clinical work, and studies and trials, to the professional levels required by the UK Health system.

At the end of this process, we hope to have rigorous data and evidence and proof, that SoeMac does benefit the users, as we see in so many of the testimonials and stories. Once this work has been completed, we hope to see SoeMac used as a mainstream treatment for respiratory conditions. And that is our dream !!

Neil Stentiford

Complementary Therapy

Whilst the formal studies and trials continue, on my travels I have met many interesting people and ideas and treatments for ill-health, that get classed as complimentary therapy.

They may not have the rigorous level of testing required by the formal Health professionals, but I encourage everyone to explore what is 'out there' and do their own research.

I have listed some interesting websites here. I particularly like work that explores the increase of oxygen within the human body, as this has been shown to have many health benefits (and of course this is one of the features of using the SoeMac).

Many of these are advocates of the teachings of Otto Warburg, von Ardenne etc, over the past 100 years.



Dr Mark Sircus – Brazil
www.drircus.com

Dr Jorge Bonino – Uruguay
www.quantumvitaluruguay.com

Reverend Dr Felicity Corbin Wheeler – Spain
www.hippocratesineurope.com

Patrick Vickers – Mexico
www.gerson-treatment.com

Biomedx – USA
www.biomedx.com

Paramed – Vietnam
www.paramed.vn

Tony Be – UK
www.theozonespa.co.uk

Dr Claire Bowen – UK
www.uniqueperceptions.co.uk



Environmental toxicity

It is known that there are approximately 150,000 chemicals used in an enormous range of 'everyday products'. What is not known is how many of these may be implicated in the demonstrable increase in difficult to treat conditions including cancers, brain diseases, autoimmune conditions, obesity, chronic fatigue and breathing. However, an increasing body of evidence, backed by some of the world's most respected organisations including the World Health Organisation, have sufficient evidence to suggest that environmental toxicity is almost certainly implicated, and likely to be the greatest health issue of our age.

Cancer rates in almost all westernised countries have been rising for decades; as have many other conditions. It has mystified the medical establishment as to the cause of these very worrying trends, but independent research from around the world is unequivocal in linking many conditions to environmental toxicity.

The World Health Organisation ('WHO') has published ground breaking research – 'The State of the Science of Endocrine Disrupting Chemicals 2012' – based on 10 years of work. They identified several hundred chemicals from only a few thousand that had been rigorously tested out of the total number of 150,000 where they were proved to be 'endocrine disruptors'. Whilst the WHO were unable to prove categorically that damage to the endocrine system would be implicated in a range of conditions, the report hypothesised that it was quite likely that this was the case.

Last year, The Royal College of Physicians published a ground breaking paper entitled 'The Air We Breathe'. Focusing on atmospheric pollution,

the report makes clear that the nature of the problem goes way beyond transient breathing difficulties. What is known is that potentially toxic substances, and more likely cocktails of potentially toxic substances, may trigger disease, but that this is incredibly complex science. It is also very likely that for disease to be triggered by toxicity, there will be a genetic component, with disease only manifesting if an individual is unlucky enough to have specific genetic aberrations. Indeed, there is evidence that broadly the same toxicity in different individuals can result in no ill-health outcomes whatsoever in some, to very acute but different conditions in others. Remove the toxins and the condition either improves or a full recovery is made.



There is now growing acceptance that this is an important field of medicine and new initiatives are starting to spring up – Leicester University will be one of the very first Universities in the UK to establish a Centre for Environmental Medicine; and well-known to us is a new business www.lastinghealth.com whose purpose is to provide home test kits, purchased online to enable people to identify whether they are carrying a significant toxic burden. Lastinghealth provide a qualitative and detailed report to interpret the results and provide guidance for avoidance and removal of potentially toxic substances.



**Ian Douglas
supporting
the British Lung
Foundation at the
Great North Run 2018.**



Your stories



Andrew – Breathing

It has been five years since I bought my SoeMac and it has served me well. I think it's time I had it serviced or re-furbished. I do not think I would be alive now without my SoeMac. Neil, my health has never been better. My breathing is perfect and I am as fit as a 45 year old, which isn't bad for a 78 year old ! I go for long walks on the seafront, where I now live, in County Durham.

(Andrew's SoeMac was refurbished and cleaned, and returned 24 hours after receipt.

All for no charge, Neil.)

Here's a brief recap of Andrew's introduction to SoeMac:

In 2013, I was diagnosed with breathing problems and spent most of my time in bed as I was chronically fatigued, as I was not getting enough oxygen. Then I got the SoeMac, and within five weeks I was out of bed living a normal life. I am 74 and am now as active as when I was in the Forces, in my 20's. Thanks to SoeMac. I owe my life to this man and his company. My health is now as it should be. Thank you Neil, I was in such a bad state, I know I had not got long to live.

Neil says, "when I spoke with Andrew he mentioned a number of other health improvements, weight loss, his cholesterol levels are dramatically reduced and down to 4.6, and his general sense of wellbeing and positivity are better than he can ever remember. My summation of all of this is that the SoeMac has given Andrew's body a chance to self-regulate and perform all of the tasks that it was designed to do, and it is now functioning correctly again."

Gavin – Breathing

We've had the SoeMac for over a year. It is for my wife, and is used every night. We even take it on holiday with us, and she swears by it, and is convinced her breathing is a lot better at night, and whilst sleeping.

Julie – General Wellbeing

SoeMac works and I am refreshed and feeling much better. Don't stop your meds, but consider this as one of them. So tiny I can take it away with me. Just love it. X

Carole – Breathing

We have owned the SoeMac for more than one year, and found that I sleep more deeply and wake up refreshed, as does my husband. I have breathing problems and if we go away, without the SoeMac, I cough more than usual, and also wake with a headache when I haven't been able to use it. Thanks again.

Corky (as told by Andy) – Lack of energy

Six years ago, Corky's cancer was cleared, and soon after, he started using the SoeMac, a gift from me to help with his recovery. The improvements he has made since are quite remarkable. Normally, recovering from cancer you are not clear for 15 years, but it's six years and he is showing as though he is at the 12 year mark, and he is not young !! In my 25 years as a paramedic I saw lots of cases, but Corky is doing really well with his energy levels, and SoeMac is really helping him. Andy.



Your stories



Elizabeth – Breathing

I bought the SoeMac for mum who was really bad with breathing problems. On 10th April 2018 she started using it. I am totally astonished by the change in her, no wheezing and sleeping better. The Respiratory nurse from the hospital saw her last week and could not believe the change in her. If only I had known about this sooner. So pleased, and would recommend this to all with breathing problems. Thank you so much for giving my mum a quality of life back.

Veronica & David – Breathing

David has been suffering with mild breathing problems for 20 years. About five years ago, things got worse, and the hospital diagnosed him with severe breathing problems. Whilst attending a pulmonary rehab course, we met Jane, the chairperson of the local Breathe Easy Group, and she invited us to come along to the monthly meetings. Thank goodness we did, it has been a godsend to us – we have learnt so much. And that was where we met you Neil! You gave us a SoeMac to try, and the first evening, we plugged it in, David slept better, and didn't thrash about so much during the night. Since then, he has regular check-ups at the GP's surgery and his results have either improved or stayed the same. He has had fewer exasperations and only uses his standby medication if he thinks he needs it. David no longer snores, and sleeps well. So a very big THANK YOU to you and your little magic machine.

Beryl – Breathing

Thank you Neil, for giving me the chance to try the SoeMac. It certainly helps my sleeping pattern – I no longer wake two and three times through the night, and I manage to have a sound night's sleep, and feel so much more refreshed to face my day. Also, my eyesight has changed, and seems to have improved. Once again, thank you.

Dave – Fatigue

Dave has been struggling with fatigue for the past 15 years, diagnosed a while after a nasty bacterial infection, probably compylobacta. He was given cognitive therapy, but felt abandoned by the Health system. About four years ago, he met Roy, who gave him a SoeMac to use. Whilst it has not cured the ME, Dave notices a number of benefits including getting over set-backs quicker, in weeks, instead of the months that it previously took. He has less panic attacks, and less episodes of breathlessness. When he stopped using the SoeMac for a month, his energy levels declined, but recovered once he recommenced using. Recently, his blood oxygen sats were measured at 98%, and his Blood Pressure was 125/84. Whilst his fatigue problem is not cured, Dave has enough energy to get by, day by day, thanks to the SoeMac.

John – Breathing

I just ordered my second SoeMac... we love it... it is helping my wife breath without having to use supplemental oxygen, thank you so much.

For more testimonials about SoeMac, please visit our website at www.soemac.com

If you'd like to share your SoeMac story with us, email to: info@soemac.com



SOE Health Ltd.
42D Derby Road
Nottingham
NG9 2TG
Tel 0115 77 22 456