



Welcome to our  
Autumn newsletter

We are delighted to bring you a number of news and updates to read.

We have many SoeMac user stories on our website, and some short animated videos, to see them please visit [www.soemac.com](http://www.soemac.com)

If you have owned your SoeMac for more than two years, we are offering a free refurbishment and cleaning service, and all we ask is that you share your SoeMac story with us.



Our goal is to help you sleep and breathe better. SoeMac creates energised oxygen which your body can safely use to help restore itself at night whilst you sleep.

Maximise the benefit of every breath you take.

Breathe. Sleep. Live. Better.

**Do you have a story we can add to our collection?**

### **Rishov Mukhopadhyay**

has been working with us as an Intern for the past few months. Rishov is a student of Nottingham University and is just completing his MSc in Drug Discovery and Pharmaceutical Sciences, having previously completed his BSc in Pharmaceutical Technology.

He plans to continue his research by starting on a PhD course after the summer. Rishov's expertise will help us understand the fine details of the biochemistry interaction between the SoeMac and the human body, at the molecular level. He is very clever!





## SoeMac Showcase at Medica, Dusseldorf

SoeMac exhibited for the first time at the premier international Medical, Health and Wellbeing show, where we met hundreds of international visitors, who came to learn about the SoeMac and how it can help so many people.

We made many great contacts, and learnt many new things. We will be exhibiting again at the end of this year, and we have the same Booth location, so if you are attending, please come and visit.



## Condition focus – COPD Chronic Obstructive Pulmonary Disease

COPD is characterised by chronically poor airflow, and it typically worsens over time. It is the umbrella term for a collection of lung diseases including chronic bronchitis, emphysema and chronic obstructive airway disease. The main symptoms include shortness of breath, cough, and sputum production. Tobacco smoking is the most common cause of COPD.

Worldwide, COPD affects 329 million people or nearly 5% of the population. In 2011, it ranked as the fourth-leading cause of death, killing over three million people. The number of deaths is projected to increase due to higher smoking rates and an ageing population in many countries.

The likelihood of getting COPD increases the more you smoke and the longer you have been smoking.

Over time, the lungs become increasingly inflamed and scarred, the walls of the airways thicken and damage is caused to the air sacs in the lungs, which lose their elasticity. So, if you are a smoker, the best thing you can do is to stop smoking.

The British Lung Foundation is a charity that works to help people with lung diseases. They have 250+ community support groups called Breathe Easy. They are free to join and there will be one locally to you.

## Your stories

### Tracie shared her Dad, Daniel's story

She told us, "In February 2017 after only four weeks of using your SoeMac Machine. The difference it has made to my Dad's quality of life has been beyond all our hopes and expectations. He is sleeping well, less coughing in the mornings, eating properly, out walking again and best of all smiling. He has cut down on the daily amount of steroids he was taking, he is completely off his anxiety medication that was only making his breathing worse.

When we first received the SoeMac he kept the box, saying that "it will be going back!" Three weeks later he phoned me to tell me "that machine you got me is bloody brilliant!" I have been recommending the SoeMac to everyone I know. Thank you so much.

### Paul's breathing story

Hi Neil. Thank you, SoeMac has helped me. It took about 40 or more days. At first I was using it about 16 hours a day. I am, or was, really bad with my breathing but I had faith, that with time the SoeMac would help, and it has. If you want to share this testimonial, I would be very happy to take part because this is a brilliant bit of kit. I want other people to know that this is a real help.

Your SoeMac has helped by allowing me just to not be so breathless. Last winter, I was home bound for three months. I have very advanced breathing problems. Now I can do more, and get about a bit easier. I am not so reliant on my oxygen. I feel well – in fact I feel good. It's a big improvement. It took a while, and I made my room air more humid with a damp towel. This really improved the effects of the SoeMac.

It's a shame, because I very nearly bought a SoeMac three years ago, but I just thought it's too good to be true. Well I am truly amazed. It has given me a noticeable change for the better. Many thanks SoeMac, well done! Mr. Paul Johnson

### Jackie's breathing story

"I am a 63 year old woman with breathing issues, 40% lung function, and also insomnia. Feeling lethargic all the time, years with no more than two or three hours sleep a night. I went online, and read about the SoeMac machine (Singlet Oxygen Energy). I thought I'd give it a try, and bought one. To my surprise, within one week of using the SoeMac, I was sleeping eight hours a night.

For the first time in years, my breathing was not as bad as it was before, and I can do more walking, and do 25 minutes a day on a tread-mill, walking machine, which I could never have done before.

I call it "my little box of miracles", and I would never be without one. So anyone suffering from any breathing problems, I would recommend buying a SoeMac, 100%. I cannot praise SoeMac enough."

### Heather's breathing story

I have continually looked for something to help my mum who is a long suffering breathing patient. In October 2016 I found SoeMac online and loved how totally non-invasive it was. I bought my mum one for Christmas.

The look on her face said it all, "I don't think something this small is going to be able to help me!" However, Mum has always been willing to give anything a go to help her improve her breathing. She says to me now how wrong she was in underestimating the small device. Mum religiously turns on her SoeMac every night and it has worked wonders. Mum for the first time in a long time has a good night's sleep. She wakes up with less coughing, less mucus to clear and is depression free. Most of all you can hear the change in her breathing, it's miraculous. Our family has really noticed a huge difference that the SoeMac has made to our Mum's life and well being and we will forever be grateful to Neil.

## Paul's mum's stories

Both my mother and mother in law feel great. 20 years ago if not longer, my mother was diagnosed with breathing problems.

After a few weeks using the SoeMac, there was a noticeable improvement. This has continued and now her breathlessness has vanished. Mum visited the nurse who was shocked as mum has seen her for years. She ran tests and commented that mum would be classified as normal. A few days later at the clinic they questioned why she had been classified with breathing problems. They checked who had diagnosed mum & the specialist is very respected. They also couldn't believe the difference. They have informed mum that she no longer has breathing problems.

The acid test will be spring when she starts pottering in her beloved garden. My mother-in-law was recovering from lung cancer when we ordered hers. With the SoeMac, her recovery has been remarkable. She has a lot of other health issues. However, she claims that she feels the best that she has felt for as long as she can remember. We are all telling everyone that we can about this wonderful technology.

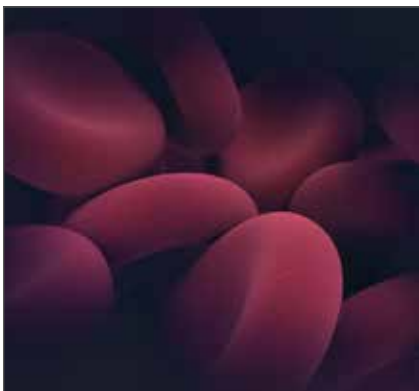
## Dennis and breathing

A lot of products promise so much to help people with breathing problems. The SoeMac oxygen converter is bloody fantastic. We use only 21% of the natural air, which is three singlet oxygen but our bodies convert it to one singlet. This mini machine is a lot cheaper than the bigger ones that are about \$8000. This little machine draws in three singlet oxygen then pushes out one singlet. It does not have any invasive connections.

Place it on a bed table and run it through the night in a completely closed room aimed at your sleeping body. The oxygen it generates goes into the cells of your body.

My experience is very simple, though it is winter in Australia, I have spent the last year struggling to walk with a stick, a week ago, after having the Soemac working each night, I chucked the stick in a cupboard. I feel better and can walk with my wife to do the shopping.

Today I felt good so cut back some shrubbery. It's a slow process getting your strength back after a lengthy stay in hospital, with Pneumonia, but each day this little machine is making life live able. If you're living on oxygen this mini machine will help greatly.



For more testimonials about SoeMac, please visit our website at [www.soemac.com](http://www.soemac.com)  
If you'd like to share your SoeMac story with us, email to: [info@soemac.com](mailto:info@soemac.com)



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