



Welcome to our  
Spring newsletter

Welcome to our Spring 2019 Newsletter. Certainly in Nottingham, Spring has come early this year, and the weather in the second half of February was wonderful. I know this is welcome news, as it helps people with respiratory conditions.

Respiratory disease is to feature as a priority clinical area in a new 10 year NHS plan being developed by NHS England and NHS Improvement. This news follows an announcement by the Government of increases in NHS funding over five years, beginning in 2019/20. The new NHS plan will set out how this funding will be used. It is likely that inequalities will be a major focus in the plan for improving outcomes for respiratory disease.

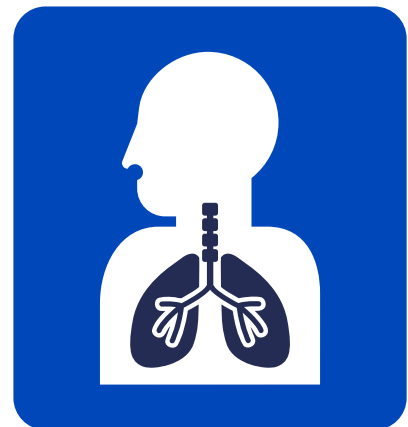
Primary Care Respiratory Society UK's Noel Baxter says: "This is a very exciting time for people interested in improving the quality of care for people with respiratory illness. It has been a long time coming and we should be grateful for all those respiratory health professional and patient societies who have worked hard for decades for this recognition and focus".

*Neil Stentiford*

## Upcoming clinical study

As explained in previous Newsletters, we have collected much information from small Studies and hundreds of User Testimonials, on the health benefits of using the SoeMac. This is referred to by the Medical profession as 'anecdotal' evidence, and in order to be accepted by them, we need to upgrade this to 'Clinical' evidence. This involves running formal Studies and Trials, working alongside medical professionals, following stringent protocols and procedures. Plans are in place to run the first of these Studies this year, with 100 COPD sufferers, working with Derby University, and CHEATA (an NHS organisation), and the community respiratory network in the East Midlands.

At the end of the study, the data will be analysed and reports written as to the efficacy of the SoeMac, and hopefully articles written for publication in eminent medical journals, and exposure at the annual British Thoracic Society Meeting.



## SoeMac Spring Clean and Service

If you've been using your SoeMac for two years or more, we'd like to offer you a FREE refurb and clean. Pop it in a jiffy bag and send it back to us at the address shown on the last page, and we'll clean and service your machine. We'll have it back to you within a week. All we ask is that you tell us in a few words, how the SoeMac helps you.

## Launching the SoeMacPro

In the UK the SoeMacPro is branded as the (Kinetic Oxygen) KO6+ device and is distributed by the Kinetic Oxygen Partnership (Dr Claire Bowen and Simon Rowe). (Kinetic Oxygen is another name for Singlet Oxygen Energy SOE). Dr Claire Bowen graduated from Nottingham Medical School in 2001 (B.Med.Sci (Hons), BM BS), intending to complete her training as a G.P. in Lincolnshire. Life had other plans! Claire got to experience the 'patient side' of the NHS when she became severely debilitated with ME/CFS. After difficult years, Singlet Oxygen Energy Therapy was the cornerstone to her full recovery to health (which did involve other Holistic Health interventions, within a tailored management plan!). Now with 14 years' personal experience of SOE Therapy and several years' professional SOE experience, Dr Claire works one to one with individuals experiencing chronic illness, looking to improve their health naturally, focusing on use of Singlet Oxygen Energy Therapy as a key aspect of health optimisation.

Here is a heartfelt testimonial from the **Reverend Dr Felicity Corbin-Wheeler:**

Thank you Neil, I am just SO grateful for the machine. LIFE GIVING OXYGEN is our precious breath of life. But oxygen levels in our environment have dropped sharply due to pollution. This has led to increasing disease. As well as respiratory diseases, we now know that cancer thrives in de-oxygenated cells. As a former cancer and respiratory patient, I was so grateful to find the SoeMac four years ago. It has been my constant companion beside my bed and computer ever since. Now, SoeMac are introducing the more powerful SoeMacPro. I have been fortunate enough to give it power trials prior to the launch on 1st April 2019. We can now revive ourselves with daily 20 minute intense 'breathers' several times a day with a handy mask which gives concentrated singlet oxygen energy to help keep us alive and functioning. For all those who know the panic of waking short of breath, or suffering shortness of breath on exertion, this SoeMacPro is a Life Giver and Life Enhancer. Thank you SoeMac!



To make the therapy as accessible as possible, The Kinetic Oxygen Partnership offer direct purchase, month-by-month rental options as well as flexible (interest free) payment plans. All rental and purchase options come with experienced and compassionate support for optimal use as standard.

As research continues into all the physiological benefits and modes of action of SOE, individuals all over the world report improvements in a wide range of symptoms and health conditions after using SOE Therapy. It's also often found that combining SOE Therapy with other treatments and interventions can maximise their positive effects, even in individuals who have been struggling for a long time.

Claire and Simon say "We are passionate about working with individuals, groups and organisations to optimise health, using Natural Medicine and cutting-edge health technologies like Singlet Oxygen Energy Therapy. We are delighted to be partnering with Neil and SOE Health Ltd to help bring an even more powerful, affordable SOE device to market and make the benefits of Singlet Oxygen Energy Therapy more accessible to everyone's budget".

For enquiries about the KO6+ device, please contact Kinetic Oxygen on **01743 718 324** or via email at **Life@KineticOxygen.com** You can find out more at **www.KineticOxygen.com**

Dr Claire's ME/CFS Support website can be found at **www.drclairebowen.com**

## Your stories

### Richard – Breathing

My wife was admitted to hospital in January 2018, following a home visit by paramedics, to attend to her difficulty in breathing. They were reluctant to release her, until her oxygen saturation levels reached and remained between 88 and 92 without being on oxygen support. They agreed after 10 days to let her go home when she had stabilised at 88, but wanted her to come back to the hospital in a month for a check up.

She had seemed fine during this month, but was surprised when they checked her oxygen level, it was at 84. They said that at this level (the norm being 95-99) that she would have to go on home-oxygen for 15 hours a day for the rest of her life. She didn't want to do that (naturally) as she was still pretty active and asked if there were any alternatives. They gave us all the information on home oxygen and agreed to leave it for review in a further month's time.

I started to look at options on the internet and proceeded to purchase the SoeMac. After a month's use, Joy was breathing better and her oxygen level had gone up to 92. They were very pleased to see an improvement and said she would no longer need to go on the home-oxygen. We took the SoeMac with us to the USA for two months visiting our daughter and had no problems there or with the long haul flights.

I have only summarised Joy's experiences, but the SoeMac has improved her breathing, increased her oxygen level, improved her quality of life and has avoided the need to go on to home-oxygen. We shall wait and see what happens on her next check up, but at this stage I am delighted with the results from using the SoeMac and wish to share the improvements it has made to Joy's life.

### Marshall –Breathing

I am 86 years old and have suffered with chest infections all of my life, with the usual build up in lung mucus, resulting in shortage of breath, and general lethargy. I started using my SoeMac about four months ago, following which I noticed an immediate improvement in my 'miserable' breathing condition. My appetite is now good and I am sleeping well. I have read other testimonials relating to the SoeMac and I agree with the sentiments within. Please do not hesitate in giving the SoeMac a try, it could change your life.

### Mel – Breathing

I have received the SoeMac, many thanks and have started using it. The difference in the air is very noticeable and already my breathing is much improved.

### Nick – Breathing at night and cholesterol

I have found that the SoeMac has helped with my breathing at night, which has helped me get a better night's sleep. I also awaken in the morning with far more energy and am ready for the day ahead, which I am tackling with enthusiasm and zest. SoeMac has also helped my wife, who now does not complain about my snoring !

We have noticed another improvement in my health. There is a family history of high cholesterol, and my measure before I started using the SoeMac was 5.9. They wanted to prescribe statins, but I was reluctant to take drugs. Anyway, when I had my last check, the reading had reduced to 3.6, which is great news. The nurse asked what lifestyle changes I had made, and I told her nothing, other than using the SoeMac every night.

Once again thank you and I will be recommending this to my friends.

### Robert – Sleep

I have been enjoying the SoeMac and it has helped with my sleep and energy. I love this thing and have used a Resmed S+ sleep monitor to verify that when I use the SoeMac I get more restful sleep, i.e. more deep sleep and more REM sleep.

### Noel – Breathing and serious ill-health

There have been too many problems with my health to detail here. I have been very poorly, in and out of hospital on a regular basis, for a few years, for a number of issues, especially with my breathing. Since I started using the SoeMac six months ago, I have not been readmitted into hospital, have not suffered a breathing exasperation, and not had a mad coughing fit. My blood pressure has returned to more normal levels, and I have more energy to get about. I wanted to tell you this, as I put these improvements in my health, down to using the SoeMac. Thank you, and I'll keep in contact.

### **FK – breathing**

I am pleased to say, I have only good things to report. SoeMac really is the most fantastic invention as it has helped my long-standing shortness of breath, particularly at night when it is completely eliminated.

For the first time I have full comfortable sleep throughout the night. When I wake up in the morning, my back and joint pain is markedly improved.

Possibly this is because of the good rest I am getting at night. Now, I only get shortness of breath during the day when I cannot use the SoeMac. I wish there was a way that I could carry the SoeMac in my pocket to use during the day.

I want you to know that I introduced the SoeMac to the Cardiologist and Lung Specialist at Toronto Western and Toronto General Hospital here in Canada.

I highly recommend the SoeMac for anyone with shortness of breath and/or back pain.

I cannot thank you enough. Please feel free to use as little or as much of this email on your website as my review. May God bless you.

### **Haydn – Breathing**

Happy with the SoeMac. It came very quickly and works great – just like it said.

### **Patrick – General wellbeing**

You have an amazing product there in the SoeMac device. It's suspended inches from my face for hours while I sleep. Without question there's a cosmetic effect on the skin of the face. The skin is tighter, brighter and clearer. Thanks, cause let me tell you 'I needed that!!'

### **Ian – Breathing**

Fab machine. Had one for two years now. SoeMac helps me with air quality. I use this machine every day. Many thanks for helping with my quality of life.

### **Marina – Breathing**

I have just recently got a SoeMac as the hospital wanted me to go on oxygen. I was told I wouldn't notice any difference to start with – well it worked straight away. I feel amazing. I don't wake up anymore gasping for breath. Even my dog doesn't snore anymore ! I went to the hospital last week, and my lung capacity has got bigger. It's a miracle machine.

Since I got my SoeMac my breathing has improved so much. Yesterday I was rushed into hospital with a high temperature and a chest infection. I normally have two stays a year in hospital, and the thing is, I'm normally so breathless, and find it hard to even walk to the shower. But this time, with my bad infection, I'm not out of breath with it.

### **Ahmad – Breathing**

SoeMac is great – and very helpful.

### **Kazuko – Breathing at night**

Thank you for the SoeMac. It's working well and I again have deep respiration at night.

### **Felix – Breathing**

We thought that by this time the SoeMac might need to be checked and possibly cleaned as you have suggested. To this end his Dad took it out of Felix's bedroom. What was surprising was that Felix noticed it had gone after a few days, and asked his Dad where his machine was as "it helps me breathe, and I need it back!" Very interesting and encouraging feedback we thought from a 10 year old.

### **Gary – Sleep & mucus build-up**

Neil, I love my SoeMac ! I have to say I'm tickled with the performance of the machine. The tremendous mucus build-up in my lungs is about 98 to 99% eliminated. Presently I use it with my CPAP machine, and put an additional amount of oxygen from a tank and regulator into the tube. I do this for four sometimes five hours a night and then take it all off but leave SoeMac on, pointing towards my bed.

For more testimonials about SoeMac, please visit our website at [www.soemac.com](http://www.soemac.com)

If you'd like to share your SoeMac story with us, email to: [info@soemac.com](mailto:info@soemac.com)



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